



Our Lady of the Sacred Heart
Catholic Primary School • Darra

OLSH *news*

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TERM 1 WEEK 7, 2017

Dear Parents and Friends of OLSH School Community,

I am having a family reunion in Brisbane this weekend. It seems strange to write that both my grandparents were born, raised and buried in Stanthorpe. Every significant family event seems to have taken place within a half hour radius of that town.



However, the family is now spread far and wide, interstate and even some overseas and with the amazing power of the internet and social media it appears that this Saturday night will be a great night full of reminiscing and laughter. I often wonder how these would have occurred even 20-30 years ago with phone calls/letters etc. and how much easier it seems now. Technology has definitely helped people keep in touch. Technology has its benefits.



Two weeks ago, my mother had a minor procedure at the Mater Hospital. When I went to visit her one of the questions my father asked me was where did I park. When I stated in the hospital car park two minutes away he became a bit annoyed at me (no matter how old you become your parents still think you are their little children) for being so simplistic. When he queried further how difficult it was, I told him I simply drove to the Mater and looked out for the parking signs. He told me he followed the "sat nav" which told him to go a certain point and he had to walk ten minutes and he was now unsure exactly where the car was. I told him to use his eyes rather than rely on technology. True story and yes, he was not impressed.



If we rely solely on technology rather than using our other senses, it can be detrimental.

I thought of these two recent events where Brett Lee was discussing the advantages and difficulties of technology during last week's presentation on internet safety and responsibility. The most impressionable thing that I noticed was how much more aware the children are aware of appropriate Internet usage than five years ago. It also showed how working together, parents and school, have assisted in making our children use the Internet safely, responsibly and for the right purposes.



The key message that came through last week was that using a positive mindset and teaching responsibly with sensible and reasonable regulations, we can ensure that our young people will enjoy the benefits that the internet provides safely and sensibly.

God Bless,

John

SCHOOL FETE - OLSH LETS SHINE.

Do you know it is only 10 weeks until the 2017 OLSH Fete?! Thank you to people who have already begun preparations for the Fete. The first Fete newsletter is included with this week's School Newsletter.

PREP ENROLMENTS 2018

The formal process for Prep enrolments for 2018 will begin after Easter. It is important that we have an accurate idea of enrolments by the end of June.

Therefore, we are seeking applications enrolments for Prep in 2018 now. Children who are born from July 1, 2012 to June 30, 2013 are eligible for Prep in 2018. Therefore, if you have a child that is eligible for Prep for 2018 or you know of any families that are considering OLSH for Prep for their child, please ask them to contact the office to have their name added to our list. Our facilities and staff are outstanding and our program is well implemented with the flow on effects for children benefiting them greatly during their early years of primary education.

We have already fielded a number of applications for next year and demand for places is expected to be tight.

SCHOOL FEES

Thank you to those people who have finalised their school fees account for February. Reminder notes for overdue school fees for February were sent home last week. Invoices for March are being sent home this week. Please help us meet our financial commitments.

EASTER RAFFLE

Tickets for the annual Easter Raffle went on sale this week. Changes to the gaming regulations means we can sell extra tickets this year.

The Easter Raffle will be conducted on the last day of Term 1, Friday, 31 March 2017 from 12:00 – 1:30.

The school term will conclude with an Easter Liturgy commencing at 2:15pm in the Church. Children will return to their classrooms after the liturgy and will be dismissed for the Easter holidays from there.

SCHOOL ATTENDANCE

Just a reminder about OLSH school policy with regards attendance at school. This policy was introduced last year in line with legislative and BCE requirements.

If your child is marked absent for school and we do not have a known reason for their absence (unexplained) you will be notified by text message and later on by phone call. This is a matter of safety for our children and ensuring that we know of their whereabouts during school hours. Please notify us if your child will be absent from school on any given day by one of the following methods,

1. Telephoning the school office
2. Emailing the school on pdarra@bne.catholic.edu.au
3. Emailing your child's teacher by 8:15 a.m.

LATE ARRIVALS AT SCHOOL

The first bell rings at 8:25 a.m. It is expected that all children are present at this time. Thank you to the vast majority of people who are at school at that time. Being punctual is a great habit to have.

Our day begins with prayer and whole school messages. Children then proceed to class as soon as possible after 8:30 a.m. Any child that arrives after that time is required to have a late pass and needs to be signed in by an adult. AN OLDER SIBLING CANNOT SIGN THEM IN. While I can understand that occasionally there can be unavoidable things meaning that you are delayed, for some people being late has become a habit. I ask for your attention to this.



ATTENDANCE / PUNCTUALITY MATTERS

Did you know? Research shows that in Queensland, higher student attendance at school is associated, on average, with higher student achievement.

Regular school attendance will mean that your child gets a better chance at life. Your child will achieve better when they go to school all day, every school day. Students learn better, they make friends, they are happier and they have a brighter future.

I recently received these tables to emphasise the importance of attendance at school plus the importance of punctuality,

“1 or 2 days doesn’t seem much” but.....

That equals...	Which is...	If your child misses...		Which means the best your child might perform is...
1 day per fortnight	20 days per year	4 weeks per year	Nearly 1.5 years	Equal to finishing in grade 11
1 day per week	40 days per year	8 weeks per year	Over 2.5 years	Equal to finishing in grade 11
2 days per week	80 days per year	16 weeks per year	Over 5 years	Equal to finishing in grade 11
3 days per week	120 days per year	24 weeks per year	Nearly 8 years	Equal to finishing in grade 11

“Just a little bit late doesn’t seem much” but

He/she is only missing...	That equals...	Which is...	And over 13 years of schooling that’s...
10 minutes per day	50 minutes per week	Nearly 1.5 weeks per year	Nearly half a year
20 minutes per day	1 hour 40 minutes per week	Over 2.5 weeks per year	Nearly one year
Half an hour per day	Half a day per week	4 weeks per year	Nearly one and a half a year
One hour per day	1 day per week	8 weeks per year	Over 2 and a half years

HARMONY DAY

Harmony day is one of the highlights of our school year. It will be celebrated on Tuesday, 21 March and I am already looking forward to it. A separate note has gone home with more details about the day. Any children that wish to show one of their culture’s dances and has not seen Miss Lambkin, please see her ASAP.

PARENT TEACHER INTERVIEWS

These will be held on Monday, 27 March and Tuesday, 28 March. The format will be similar to previous years. Full details regarding bookings will be sent home soon.

If these times are not suitable, please contact your child’s class teacher to arrange a mutually convenient time.

Stop Press!

OLSH has recently been named as one of 13 Catholic Schools in the State 'demonstrating substantially above average gain in Naplan results'. This is a wonderful achievement and acknowledges all the effort from students, staff and parents towards excellent learning and teaching at OLSH, Darra.

SPORTS NEWS

AFL

Congratulations to Aiden Gunn who has been selected in the Inala District AFL team to compete in the Met West Regional Carnival. Well done Aiden!

CROSS COUNTRY

Our OLSH Cross Country Squad continues to train with exceptional effort and commitment. The children are to be commended for their great attitude.

YEAR 4 BALLOON ROCKET SCIENCE EXPERIMENT.

Our **Learning Intention** was to demonstrate the actions of forces of air pressure and thrust. Released air pressure from the balloon resulted in the balloon attached to a straw being thrust along the string.



THANK YOU!

Thank you to all the parents who contributed to a successful Shrove Tuesday. It was invaluable having the pancakes donated as was the assistance with distributing the pancakes before school. Was raised \$641.50 for Project Compassion. An excellent way to start our Lenten season.



LAUNCH OF PROJECT COMPASSION

On Shrove Tuesday, four Year 6 representatives attended the launch of the Project Compassion campaign at St Stephen's Cathedral. After celebrating Mass, the students participated in Pancake races (which they won!) and left their handprint on the Project Compassion Wall. The students were excellent representatives for the school and are enthused about being part of our school social justice initiatives.

Kate



**Week one of Lent:
Dinia, Philippines**



Dinia, widowed and shy, struggled on her own to make ends meet until her community encouraged her to participate in the Socio Pastoral Action Center Foundation Inc. (SPACFI) program, supported by Caritas Australia. SPACFI's Integrated Community Development Program helped her develop diverse ways to gain a sustainable livelihood, continue to send her children to school and contribute to her community. Now she inspires her neighbours through her commitment to the common good.



Please donate to Project Compassion 2017 and help our most vulnerable neighbours in the Philippines to build a stronger future for their families and their communities. You can donate through School boxes, by visiting www.caritas.org.au/projectcompassion or phoning 1800 024 413.





This is where parents can learn about the digital environment and keep updated in their children's technology use. Here you can find guidance for using safety settings on your family's web-connected devices, tips for choosing movies and games and strategies for keeping young people safe online.

<https://esafety.gov.au/education-resources/iparent>

Online Safety & Cyberbullying Presentations

On Monday 27th March, students in Years 3 – 6 were involved in 'Online Cyber Safety' presentations with Brett Lee from Internet Safe Education. We also held a parent information session that evening.

We encourage you to sign up to Brett Lee's Internet Safe Education website which has Internet Safety and Cyberbullying resources for Parents and Carers:

<http://www.internetsafeeducation.com>



The 5 Key Messages & Actions for Technology:

1. Communicate with your kids
2. Set clear rules and boundaries
3. Stay up to date with apps and programs
4. Consider and use parental controls
5. Be the ones who makes the final decisions



Office of the Children's eSafety Commissioner

There are many other resources for parents in the Office of the Children's eSafety Commissioner site, including the iParent page.

<https://esafety.gov.au/>

The Bunker

Tech support for the Year 5 ~ 1:1 iPad Learning Program

The Bunker: 1:1 iPad support before school

This facility will be open for children and their families in Year 5 this year.

Should you and/or your children have any questions or concerns about the iPad, including breakages, we have some support at school to help.

Opening hours: Tuesday, Wednesday & Thursday from 8 – 9am.

Location: Adjacent to the Art room near the undercover area. Look for the signs & Mrs Gall ☺

OLSH NEWS of the fortnight

PREP This fortnight in Prep we have been celebrating the beginning of Lent. We made pancakes for Shrove Tuesday and we attended our first Ash Wednesday liturgy. We promised to try hard to follow Jesus during this special time. We enjoyed wearing our pyjama's to school last Friday while we were learning all about the letter and sound 'Pp'. In Science we have been looking around our school environment and investigating the different materials of which things are made.

YEAR 1 In Year 1 there was great excitement when each class met with their Buddy Class for the first time this year and got to find out who their buddy would be! 1 Blue's buddy class is 4 Red, 1 Red's is 5 White, and 1 White's buddies are 4 Blue. The Year 1 children have enjoyed doing activities such as iPads, craft, building constructions and ice block eating with their buddies!

In English there has been a focus on recount writing. The children have written about events that they have experienced such as their weekend, their buddy visit, Ash Wednesday and getting ready for school. There is a focus on sequencing the event in the order it happened and using the words 'first', 'then', 'next' and 'finally' to begin their sentences.

In Math, the children have been busy creating additions using hands on manipulatives and orally saying the number story they created. They have been formally introduced to the equal and addition symbols and have been using these to write addition number sentences. Ask them what a turn around is!

YEAR 2 The Year 2 classes arrived early to eat the delicious pancakes on Shrove Tuesday and then received the ashes on their foreheads at a Liturgy to celebrate Ash Wednesday. This is the start of their Lenten journey where students will be learning to pray, give up and give to. All the keen musicians enjoyed the enthusiastic presentation from the, 'Music Bus' which will provide music lessons this year. (See letter for details/payment if interested) In Maths we are continuing 3 digit-counting patterns, working with coins and exploring addition and the turn around facts. We are using a variety of texts and Big Books to help identify the structure of a narrative. The students will also be busy seeking help from their families to complete a water worksheet for homework this week

YEAR 3 We have been working on many different things this past fortnight. In Religion, we have discussed all of the wonderful things that God created. We have been exploring how all of God's creations live in harmony together. In Maths, we are using coins and adding them up to find the value. We are also learning to read and write coin values. Narratives have been our focus during English lessons. We are learning to identify the structure in narratives and describe characters and settings in different texts.

YEAR 4 In English, the focus is on creating imaginative texts, which demonstrate the students

control over cohesion, punctuation and spelling. Each Year 4 class is rewriting characters from George's Marvellous Medicine using strong descriptive language with visual elements. All Year Fours have now presented a class Mass this term and, in lesson time; students are constructing prayers of intercession and petition. Adding three digit numbers in Maths, multiplying in tens and writing number sentences require the Year Four students to use their super learning powers to reconnect with prior learning. Additionally, through a writing analysis task, every student has shown both practical and technical knowledge they have gained of sun safety acquired in Health Unit time. A huge thank you to all the Year Four families who attended last week's Assembly – A Nun's Story.

YEAR 5 In English, Year 5 have continued to use picture books to investigate the structure of a narrative. This week we are starting to develop a plan for our own narrative, which we will be composing for our fellow class members to enjoy.

In Science, we have investigated some very interesting adaptations of animals. Did you know the white fur of a polar bear is used to draw the heat from the sun towards the bear's black skin, where the heat is readily absorbed for warmth? Did you know the wood frog is the only amphibian found in the Artic Circle and it survives by freezing with the ground in Winter?

In HASS, we are learning about different types of natural hazards and how they affect the environments in which people live.

We continue to use our iPads in class and are becoming quite competent at using them in all sorts of ways. We are certainly enjoying how it is assisting our learning.

YEAR 6 This fortnight Year 6 have been knuckling down and working hard in all subject areas. In RE, we have been investigating Old Testament prophets and their messages for the people of their time. In our rotation with Miss Gierach, we have been learning about how Australia interacts with other places around the world through trade, aid, migration and tourism. In Maths, we have been looking at converting metric units of measurement and have been measuring our heights in class. We can't wait to measure our heights at the end of the year and see how much we have grown! Our information reports on a natural disaster are coming along well as we use an iBook to take notes and create detailed sentences to describe and explain the natural phenomenon. In PE, we continue to work on our technique when it comes to performing certain moves and exercises like squats, sit ups, skipping, plank and lunges.

student achievement awards



Prep R	Alianah Carr Khoi Nguyen
Prep W	Tumanako Fa'au Vivian Chu
Prep B	Emma Hagstrom Grace Chalk
1R	Chris Turner Yasmine Trad
1W	Tayla Knaggs Peter Vanderbyl
1B	Dan Nguyen Angus Hutton
2R	Gloria Kalenda Jett Mortensen
2W	Ivy Nguyen Duc Anh Tran
2B	Olivia Norris Volodymyr Volochii
3R	Anne Phung Myles Sapolu
3W	Leyna Ho Matiyas Al-Patti
3B	Georgia Burns Aaron Ton
4R	William Do Dam Sahara Seng
4W	Ava Aloquin Jarvis Everett
4B	Chloe Jessett Isaac Neuelli
5R	Sofia Jessett Gabriel Nicolas
5W	Beau Laughren Kim Pham
5B	Draven Vennix Madeleine Tankard
6R	Ryan Le Bianca Regano
6W	Hayley McInnes Ben Hagstrom
6B	Mila Macpherson Kim Tran



Terrific @School AWARDS



- Sam 5W
- Jamie 3B
- Kody 2W
- James 2B
- Jed 2B
- Ariel 2B
- Daniel 2B
- Stella 4W
- Madeline 3R



Bellbowrie "Strikers" Hockey Club

Fun family culture. Supportive learning environment. Development pathways into representative and senior grades. Players of **all ages** (from 3 years) welcome.

Junior teams train at Bellbowrie Sport and Rec fields. Games are played at Ipswich hockey grounds each weekend, generally Saturday morning.

For more information visit our website: www.bellbowrie.ipswichhockey.com

Games commence 11 March

Contact us:

Girls-Ladies - Julie 0422 986 848
Boys-Men - Troy 0406 120 033
Or Email: bhc.strikers@gmail.com

EASTER

RAFFLE



*It is time for our annual P&F Easter Raffle.
Last year was a huge success.
To make this successful again, we require your help.*

The children are asked to donate one or more Easter Eggs, Bunnies or Bilbies.

**COLLECTION WILL BE FROM WEDNESDAY 8TH MARCH
UNTIL WEDNESDAY 29TH MARCH**

Donations can be taken to your child's classroom

Ticket Sales Thursday 9th March to Thursday 30th March (or until sold out)

Raffle tickets .50c each

*Ticket sellers can be found before school in the Undercover Area (opposite Prep Rooms)
& outside the School Hall.*

*The announcement of raffle winners will be on Friday 31st March, last day of Term 1.
Time to be advised.*

There is a limit of 2 prizes per person (with the exception of the last 3 major prizes drawn on stage). Minor prize baskets will be drawn in chronological order.

*** First Major Prize**

Large Basket of Eggs & Coles Myer Gift Card of \$150 (kindly donated by the P&F)

*** Second Prize**

Huge Basket of Broken Eggs

*** Third Prize**

Huge Basket of Broken Eggs

PARENTS AND FAMILY MEMBERS ARE WELCOME TO BE PART OF THIS RAFFLE.

We need volunteers to wrap donations into prizes on Wednesday 29th and Thursday 30th. This will commence at approximately 9.00am in the school hall. Please come if you can help. Any enquiries, please call Sandra Regano on 0407 596 067.

Please Note: Any baskets/boxes/shredded paper that could be used for the prizes would be greatly appreciated.

***Looking forward to another successful Easter Raffle!
Helena, Luisa & Sandra***

ONLY 10 WEEKS TO GO

The fete will be held on
SUNDAY, 21 MAY 2017.

Thank you to everyone who has
offered to assist so far.



#1 news

WHY

For those who have never experienced an OLSH fete before, they are a bi-annual event. The most important reason we hold a fete is that it is a great community event and also an opportunity to showcase our school community and what makes it great. It is also an opportunity for us to raise some funds to assist the school. The funds from the 2017 Fete will go towards **new playground equipment in the Prep area.**

THEME

In keeping with our school theme for this year we have decided that the theme for the 2017 fete is **OLSH 'Lets Shine'**.

FETE MEETINGS

Regular meeting will be held to ensure that our Fete preparation is on track. These will be held every Monday. We will hold two meetings, one in the morning and one in the evening. The next Fete meeting will be held on Monday, 20 March. The morning meeting starts at 8:30 am and the evening meeting starts at 7pm. Please note the change of date from previously announced.

STALL CONVENORS AND HELPERS

We now have conveners for every stall. Thank you to those people who have helped. All stall conveners should now have a planning form. This lets us know what you require. These are due to be returned by **Monday 20 March.**

If you don't have this form please let me know.

SPONSORS

Thank you to our three hard working sponsor seekers; Leah Rea, Lisa Watson and Sandra Roe. If you have a business or know someone that may be interested in being a sponsor please ask them to be in touch with the school for a sponsor prospectus.

LOGO COMPETITION

Just a reminder, Logo Competition entries are required to be handed into the office by close of business, **Wednesday, 29th March, 2017.** Please ensure your name and class are written on the back of your entry.

This year there will be two (2) categories:

Prep to Year 2; and

Years 3 to 6

The **WINNERS** will receive a **RIDES PASS** for all the rides at this year's fete. Their pictures will also be included on fete flyers and posters used as advertising for the fete.

We need drawings that show what a great time everyone will have at our fete.

John O'Connor - 2017 OLSH Fete Coordinator

Brass, Woodwind and Drum lessons!!!

Dear Parents and Our Lady of the Sacred Heart community,

Welcome to Hosi Music.

We are a music organization committed to provide a high-level music education to the students and guide them through an amazing music journey.

If you are interested in enrolling your child for music lessons we are offering instrumental tutoring for:

- **Saxophone Alto & Tenor**
- **Clarinet**
- **Flute**
- **Trumpet**
- **Trombone**
- **Tuba**

Also:

- **Drums**
- **Percussion**

Kids will have a great time learning their favorite instrument and more than that developing skills far beyond the musical, such as: **Concentration; Coordination; Relaxation; Patience and Perseverance; Self Confidence.**

Our methodology is pretty simple; mix heaps of fun with a touch of hard work!!!

In case you want to enroll your child please collect an application form from the school office and email it to info@hosimusic.com.

For additional info contact us at:

assist@hosimusic.com
Phone 1300 153 331



St Catherine's Soccer

Come and join us! Come and play soccer with St Catherine's!

Spaces still available in teams, especially in U6 to U8 age groups...bring your friends and play together!

Saturday matches, with all U6 to U8 weekly games played at Peter Lightfoot Oval.

Great fun! Great community! Competitive fees!

Register now at <http://qcsacats.myclubmate.com.au/mydetails/>

Antique piano to giveaway!

Belongs to a long time parishioner of Darra Jindalee parish.

The piano is around 100 years old and located in Darra.

Needs to be tuned, but still playable and is a beautiful piece of furniture. Much loved.

Owner has sold the family home in Darra and is moving to a one bedroom unit.

We would love to find a new home for the piano!

For any enquiries please contact Gwen Connelly 0438 832 033.



SOUTH WEST UNITED HOCKEY CLUB

SEEKING U11 BOYS

South West united is a hockey club in the western suburbs of Brisbane. We are seeking boys aged 8- turning 11 this year to join our U11 boys hockey team. Boys who love cricket and looking to keep their batting skills up to date are perfect!

We train on Thursday evenings from 6-7pm at Graceville Memorial Oval. Games are on Saturday mornings at Woolloowin.

For more details give Maree a call on 0430 056 032. Or go to:

www.southwestunitedhockey.org.au

Got any sports shoes that don't fit anymore?



The AmoAmo Family are collecting them to send to the children at Palm Island.

Leave them in purple mini wheelie bin near the office.



Nearest venues: Middle Park SS (Wednesdays) & Corinda SS (Saturdays)

The exciting Young Sports Multi-Sport program is for children from 3-10yrs of age. We introduce children to 9 popular sports, one at a time. There are 2 lessons on each sport.

ATHLETICS BASEBALL BASKETBALL CRICKET GOLF
HOCKEY RUGBY SOCCER TENNIS

All classes are delivered with loads of fun! Our coaching technique makes it easy for children to achieve a sense of success in each task. Watch your child grow in confidence as they develop a large range of important motor skills and discover the joy of sport!

Pay by the term OR 4 weeks at a time OR weekly via Direct Debit. Lessons are only \$12 (30 min. for 3-6yrs) and \$17 (60 min. for 7-10yrs). Also, see our recently distributed flyer.

Book a FREE TRIAL! 3376 3388 info@youngsports.com.au www.youngsports.com.au

OUR LADY'S COLLEGE



Enrolling Now
For Year 7
In
2020 and 2021



College Open Day
Saturday 20 May 2017
10:00am – 1:00pm

For further information contact 3426 8000
Or visit our website: www.ourladyscollege.qld.edu.au

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Look to the future

OPEN DAY

Sunday 21 May 2017
10am - 1pm



Jamboree Heights Scouts.

We are seeking new members.

Joey's meet Thursdays 5.30pm - 6.30pm Boys and Girls 6 - 8 years

Cubs meet Sunday afternoons 4pm - 5.30pm Boys and Girls 8 - 11 years.

Scouts meet Thursday evening 7.00pm - 8.30pm Boys and Girls 11 - 15 years.

Contact Carolyn Holt mobile: 0431 477 786.

BAZIL

CREATIVE ARTS EXPERIENCES

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DRAMA CLASSES

Held in the Hall from
3:05— 4:20pm on every
Wednesday from 1 February.

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Practical presentation and
public speaking skills.

Classes for Prep to Year 6.

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- ✓ open fire cooking, kayaking or learning about conservation?
- ✓ learning survival skills, astronomy or learning bush skills?
- ✓ learning about aircraft or tackling obstacle courses?
- ✓ making new friends and experiencing new challenges?
- ✓ earning badges to wear on your uniform?

Call 1800 SCOUTS
www.scoutsqld.com.au

INSIGHTS

by Michael Grose - Australia's leading parenting educator



How to talk more with your kids

The links between school achievement and parents' ability and propensity to talk with kids from a young age is indisputable.

If you were to focus on one thing to give your child an advantage then do what should come naturally – talk with them.

The links between school achievement and parents' ability and propensity to engage in conversation with kids from a young age is indisputable.

The language stimulation they receive when they talk with parents is one factor. The language of first borns is generally more extensive and richer than their siblings who spend less time in one-on-one situations with a parent.

But engagement in conversation with parents benefits kids in a far broader sense. It is trite to say that kids learn a great deal from their parents but, in fact they do when we talk with them.

In many ways it is through conversations that kids get a real sense of us and who we are. It is by talking with kids that we impart some of our knowledge, ideas, wisdom and thoughts as well as how we get a window into their worlds and how they think.

Getting conversations going with kids can be a massive challenge. Busy schedules, homes designed for individual enjoyment rather than group living, and kids that clam up are some of the blockers to conversation that parents meet.

So you may need to be a little cunning, a little proactive and a little inventive to get some chat going at home.

Here are five ideas to help you get more conversation going in your family:

- 1. Turn off the TV (and other screens).** Most homes have a range of electronic screens that you compete with to get their attention. Don't be afraid to take control of those screens and create a little conversational space. Start with a screen-free day each week or screen-free hour each day if you are a home full of screen junkies.

- 2. Turn on the TV (and other screens).** If you can't beat them, join them. Some television programs provide great conversational fodder particularly for older children and teens. This can range from "who's going to win Australian Idol?", "what happens to the winners of Australian Idol?" to "what is the point of Australian Idol?"
- 3. Have more mealtimes (with the TV off).** The family that eats together talks together... or they should. I have a theory that families with a strong food culture (i.e. they love food and value the whole eating experience) have strong bonds. So make mealtimes special and insist that kids sit until everyone finishes rather than they eat all their peas. Avoid turning mealtimes into food fights that you can't win.
- 4. Move more.** If sitting and chatting is not your child's thing then try getting them up and moving. Boys will often talk when they walk or play so consider getting some action happening. When their hands are busy the tongues will often loosen up.
- 5. Try shoulder-to-shoulder parenting.** Sitting together in a car, washing dishes and playing a game can provide opportunities for talk. Take the eye contact out of the equation and you may find the talk just flows with some kids.

Every family has their own way of getting the talk happening. Figure out what works for you and make sure it happens. It seems to me that the best communication in families happens when no one is working at it BUT in busy modern families you do need to work at communication. That is the way of it. You have to work hard at family.

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For more ideas, support and advice for all your parenting challenges visit: www.parentingideas.com.au





Darra-Jindalee OSHC

115 Darra Station Road, Darra

April Vacation Care Program

Monday 03/04/17	Tuesday 04/04/17	Wednesday 05/04/17	Thursday 06/04/17	Friday 07/04/17
<p><u>Pizza & PJ Dance Party</u></p> <p>Come to OSHC in your pjs for a day of fun with your friends. Take part in a Hip Hop dance incursion, play video games and do some creative craft activities. Best of all... enjoy your favourite Dominos pizza.</p> <p><u>Lunch Provided</u> <i>Children's Voice</i></p>	<p><u>Colour Explosion!</u></p> <p>Dress in white and walk down to the park for a colour run! Back at OSHC, there will be a huge range of colourful activities like ... tie dying, splatter painting, sun catchers, beading and baking rainbow cookies.</p> <p><i>Children's Voice Extension of Learning</i></p>	<p><u>The 13-Storey Treehouse LIVE @ QPAC</u></p> <p>Today we are off to South Brisbane to watch the stage show performance of the hilariously brilliant book "The 13-Storey Treehouse".</p> <p><u>Limited Places</u> <i>Children's Interest Parent Input Intentional Teaching</i></p>	<p><u>Hot Cross Buns</u></p> <p>Be prepared to hop into the kitchen today as some special visitors teach us how to bake Hot Cross Buns. Everyone will have the chance to make their own batch - just the way you like it - and there will even be some to take home!</p> <p><i>Children's Interest Intentional Teaching</i></p>	<p><u>Let's Get Wet</u></p> <p>Make a splash at OSHC today with an all-in water fight and water games. If you don't want to get wet, don't worry, there will still be heaps to do with brand new board games, craft and cooking.</p> <p><u>Spare clothes & a towel</u> <i>Children's Voice</i></p>
Incursion \$53.00	Standard \$43.00	Excursion \$68.00	Incursion \$53.00	Standard \$43.00
Monday 10/04/17	Tuesday 11/04/17	Wednesday 12/04/17	Thursday 13/04/17	Friday 14/04/17
<p><u>Kids in the Kitchen</u></p> <p>Bring along your appetite today as we learn to make some new recipes as well as some favourites. On the menu will be:</p> <p>Fruit Smoothies San Choy Bau Fried Rice Banana Cookies</p> <p><u>Please pack lunch</u> <i>Children's Voice Intentional Teaching</i></p>	<p><u>LEGO Batman Movie Experience</u></p> <p>Everything is about to get awesome as we set off to Eldorado Cinemas to watch one of the funniest super hero movies as Batman returns to the Big LEGO screen.</p> <p><u>Popcorn & Drink Provided</u> <i>Parent Input Children's Voice</i></p>	<p><u>MYO Easter Bunny Pillow</u></p> <p>Make the perfect take-home craft today with a Stuff-a-pillow. These cute pillows come in a variety of colours including "camo" & "rainbow". Children will also have the chance to attend Mass at 9am to celebrate Holy Week.</p> <p><i>Children's Voice</i></p>	<p><u>Easter Treasure Hunt</u></p> <p>Join us today for a special Treasure Hunt where your "treasure" gets changed into Easter Eggs! When we are not hunting for treasure, there will be unique Easter craft and cooking to keep everyone busy all day.</p> <p><i>Children's Voice</i></p>	<p><u>Closed</u></p> <p><u>GOOD FRIDAY</u></p>
Standard \$43.00	Excursion \$63.00	Incursion \$53.00	Standard \$43.00	n/a

We provide a flexible program that reflects children's interests and spontaneity. The program provides some highlights of experiences that are planned. Our educators are responsive to the children in our care. Our role is to support children as leaders of their holiday experience.

April 2017 Vacation Care Fees

Standard Day	\$43
Incursion	\$43-\$58
Excursion	\$43-\$73

(All fees stated above are before the CCB rebate is deducted)

Remember that most families are entitled to the 50% Child Care Rebate if registered.

Opening hours are 6:30am-6pm Monday-Friday.

ADDITIONAL INFORMATION ABOUT OUR VACATION CARE PROGRAM AND BOOKING PACKAGES ARE AVAILABLE AT THE OSHC SERVICE. PLEASE NOTE THAT ONLY COMPLETED BOOKINGS FORMS AND FULL PAYMENT BY THE DUE DATE WILL SECURE A PLACE FOR VACATION CARE.

Contact Allyson for more information 3375 5057 or darrajindaleeoshc@bne.centacare.net.au

Bookings for the April Vacation Care period will close on the 20th March, 2017. Any bookings received after this date will be charged at Casual rates (an additional \$5 per day).